

TAPU NOA PŌWHIRI

To open up this year's PHANZ 2008 Conference a pōwhiri was held 1 July 2008 at the Te Tii Marae in Waitangi.

The conference delegates were welcomed with a haka pōwhiri delivered by the Bay of Islands College Kapa Haka Group. The Taki was delivered by Kipa Munro and Bo McGee from the Ngāti Hine Health Trust.

The Kaumātua were Houpeke Piripi and Hemi Rihari from Nga Manga Puriri and the Te Tii Marae hau kainga.

The overall kaiwhakahaere for the day was Wiremu Wiremu from Waitangi, an iconic figure of the Bay of Islands and commander of the ceremonial waka Ngatokimatawhaorua every Waitangi Day.

The Manuhiri were privileged to be taken on a hikoi to Te Karaka Tapu Tree and the Pou Whenua of Waitangi where Wiremu Wiremu shared the histories of the Bay of Islands.

He then shared a kōrero in the Whareniui about the meeting house kaupapa/ carvings and provided a kōrero about how historically Māori and Pakeha children in the Bay of Islands shared te reo Māori as a common language and about key places in the Bay of Islands.

– Story provided by Huhana Seve

MĀORI INNOVATION – ROGERS STYLE

Marty Rogers (Te Rarawa Ngati Kahu) is the CEO of ROK Management Solutions (not to mention the 2008 Public Health Champion!). ROK Management Solutions is a new and innovative management consultancy specialising in Māori provider development and broader community health initiatives. Marty is supported by young dynamic graphic artists Kiri Leach and Ocean Reihana.

Prior to setting up her own business two years ago, Marty was the General Manager for Māori Health for the Waikato District Health Board. She was the past president of the Public Health Association (PHA) before Richard Egan. Marty established ROK Management Solutions primarily to stay at home to be with her tamariki Kimihia 15 years, and twins Oriwa and Reuben 13 years.



From left: Ocean Reihana, Marty Rogers and Kiri Leach.

For Marty the benefits of working for herself have been the flexibility of time enabling her to be more available for her children and still bring home the bacon. The other benefits include "working across sectors, communities and kaupapa".

Kiri Leach (Ngati Porou) has experience in event management, consultation and Māori health. Her tamariki are Jesse, Kohatu, and Boo (Tachelle).

Ocean (Ngati Kahu) is studying graphic design at Wintec in Hamilton. She is doing her internship with ROK as a graphic designer as part of her course.

TE HAUORA O TE HIKU O TE IKA – HEALTH SERVICES IN THE FAR NORTH NZ

Te Hauora O Te Hiku O Te Ika Trust is one of a number of Māori health provider organisations set up throughout New Zealand in the 1990s.

The purpose of these organisations is to try and 'narrow the gaps' in health statistics that exist here between people of Māori and European ancestry.

With the health reforms of 2003 - 2004 and the setting up of PHOs (Primary Health Organisations) throughout New Zealand, Te Hauora O Te Hiku O Te Ika Trust combined with Whakawhiti Ora Pai, a Far North Peninsula Māori health trust to enrol approx 4500 patients. Te Hauora and Whakawhiti Ora Pia operate as two separate entities with their own visions, goals and trustees.

This has changed the nature of the Te Hauora O Te Hiku O Te Ika Trust and Whakawhiti Ora Pai organisations, bringing in responsibilities of fulltime primary health care, and general family practice services with after-hours emergency roster etc, in addition to the original nurse-led services.

Te Hauora O Te Hiku O Te Ika Trust has developed a large primary health care team, including 18 registered



Te Hauora O Te Hiku O Te Ika Trust

nurses, three fulltime doctors, as well as numerous health promotion staff, community workers and enrolled nurses. Fulltime GP clinics have been established in Kaitiāia and Coopers Beach, weekly GP clinics in Te Kao, and fortnightly GP clinics in Te Hapua. The outreach GP clinics delivered in Te Hapua are now the responsibility of the GP employed by Whakawhiti Ora Pai.

The mobile clinic is run by a nurse practitioner service. We also have two fulltime nurses focusing on chronic care as well as cardiac, diabetes, respiratory and mobile specialist nursing services.

The maternity services that were established and delivered by Te Hauora in 2003 have now returned to the Northern DHB.

As part of its commitment to quality, the trust employs highly qualified staff and strongly supports training at all levels of the organisation.

Our coverage area stretches north of Hokianga Harbour in the west, and Whangaroa Harbour in the east, north to the tip of the Far North Peninsula, Spirit's Bay and Cape Reinga lighthouse. Visit <http://www.hauora.net.nz/about.shtml>

WAIRETI WALTERS AND DR PAPAARANGI REID

To end her speech, Waireti asked “are there any questions” to the audience. There was dead silence. Her speech left everyone gob smacked – without question that she is the lady of public health.

What do you say to a woman who has been around public health for a lifetime? Waireti has a passion for breastfeeding and was keen to be part of the PHA conference as an invited speaker.

She fights for Māori women to have mammography, for young mothers to nurture their babies; she promotes good health for Māori women and children by emphasising the importance of wairua.

Waireti was a keynote speaker along with Dr Papaarangi Reid (2007 PHA Champion) and had the crowd in fits of laughter saying she couldn't top Papaarangi's speech.

But she was spectacular as she slowly wound the crowd up from chewing on a ball point pen to show the audience they should smile.

She urged her audience, “don't live unhappy, always wear a smile on your face and be happy”. A finale tribute was the unveiling of a korowai launching Waireti's new breastfeeding programme, te mahi toi o “Tumeke”.



Te mahi toi o “Tumeke” – Waireti Walters and Dr Papaarangi Reid.



Waiata support from Te Hauora o te Hiku o te Ika with Waireti's daughters Marty and Lisa.



Waireti presents her speech as Dr Papaarangi, Moe Milne and Tracey O'Sullivan with her pepi watch on.

HONE HARAWIRA – MĀORI PARTY

PHA delegates were treated to an inspiring and dynamic speech from Hone Harawira presented on Te Tii Marae on 1 July.

When Hone realised the gathering was to be held on a marae, he set aside his formal speech and spoke without notes.

There was no power point presentation and no technical equipment available.

He spoke about many aspects of public health and the difficulties confronting many whānau today.

Poverty, crimes, gangs were featured prominently in his kōrero.

Hone paid tribute to heroes of the past and expressed hope for the future, saying:

“Let me also credit the Māori protest movement for providing us with much of the medicine we needed to ease the pain of past suffering, and let me pay homage

to heroes like Syd Jackson, Whina Cooper and Eva Rickard for reigniting that fighting spirit within Maoridom, and challenging us to overcome all adversity, and to be proud, to be positive, and to be winners.

“I see hope in the Public Health Association telling the Select Committee that a Public Health Bill without the Treaty clause, would not only result in a clouded and confused approach to Māori involvement in health, but also be seen as institutional racism, enshrined in government legislation”.

“I see hope in the Child Poverty Action Group legally challenging the government to end discrimination against those 150,000 kids living in poverty and denied support through the Working for Families package.”

To end his speech, Hone invited Ken



Hone Harawira

Hague, who was representing the West Coast District Health Board, to stand up in the marae. The hui was closed by Wiremu Wiremu.

MĀORI CAUCUS 2008

Māori workforce development was hot on the agenda when Māori caucus met at the PHA Conference to discuss 2008/09 work priorities.

Lisa McNab and Peter Thomas led the discussion at the hui held at the Copthorne, Waitangi. Kathrine Clarke provided members and participants with a historical briefing about Māori Caucus. Manaia Paki King was unanimously voted in as the Māori Caucus representative member graduating from his 2007 role as observing Māori Caucus representative.

A formal priority list will be developed and distributed out to those who were present at this hui.

LADY ROSE HENARE

On Wednesday 2 July 2008, PHA delegates including Chairperson Richard Egan and the members of Māori Caucus, attended Lady Rose Henare's tangi held at Otiria Marae in Moerewa.

Of Ngapuhi, Ngati Whatua, Ngati Hine, Ngati Porou and Ngati Kahungunu descent, Lady Henare was the wife to the late Sir James Henare. Married in 1933, they had six children and fostered another five. Lady Henare will be sadly missed.

E te kuia, moe mai, moe mai i tō moengaroa.

For more details :<http://www.scoop.co.nz/stories/PA0807/S00027.htm>

ONE HEART MANY LIVES

Heart disease continues to be a major killer in New Zealand. The One Heart Many Lives programme, a social marketing and community development initiative, is at the forefront of combating this major health issue. One Heart Many Lives in Northland targets high needs population groups – especially Māori and Pacific men aged 35 years plus.

The partners behind the programme include Northland District Health Board, PHARMAC, Te Tai Tokerau MAPO, Tihi Ora MAPO, Northland's Primary Health Organisations, Northland's Māori Health Provider organisations, the Ministry of Social Development and the Heart Foundation.

The objectives are:

1. To increase awareness within the population of cardiovascular risk and how that risk can be reduced;
2. To promote increased consultation by people with high cardiovascular risk with medical professionals;
3. To promote healthy lifestyle as part of managing overall healthcare;
4. To increase the level of understanding of the need for long-term usage of cholesterol-lowering medication for those at highest risk where lifestyle measures alone are not sufficient; and
5. To promote the utilisation of cost effective and appropriate pharmaceutical intervention (including use of statins, choice of antihypertensive medications and low dose aspirin).

A national conference for PHOs and DHBs was held in April at Te Papa in Wellington. The conference focused on the prevention, assessment and treatment of heart disease and diabetes throughout New Zealand. Te Hauora o te Ika representatives attended this conference.

Dr Lance O'Sullivan and Ang Rakena (Manaaki Manawa Nurse) were the first



NGĀ MIHI TINO NUI KI NGĀ BROFILES

- Steve Allen
- Tiwai Steedman
- Rueben Murray
- Henry Job
- Simon Allen
- Makoare Parangi
- Rapine Murray
- Ray Clark
- Allen Greaves
- Hongi Laing
- Dr Lance O'Sullivan
- Henare Anderson.

presenters, followed by Lisa McNab (Manager of Health Promotion) and Callie Corigan (Korikori-a-iwi health promotion).

Lisa McNab says, "although we were pleased we had presented the One Heart Many Lives from a Taitokerau perspective, it was disappointing that we did not see many Māori male attendees at the conference". It was for PHOs and DHBs, not Māori, even though they're the ones who should be listening to the messages.

Callie Corigan commented, "a key strength of the programme was the inclusion of tane, health promotion teams, clinical staff doctors and nurses to work collaboratively and inclusively.

Tane were engaged at the onset of

the project and took ownership and leadership of the project.

Hawke's Bay man Tamati Davis told the conference about his personal journey back to health after losing over 100kg. His turnaround has sparked changes in his whole whānau and within his wider community network where he inspires and mentors people on the benefits of health and fitness.

The National Heart Foundation's Professor Norman Sharpe told delegates the solution to better heart health would only be found in the long term and that One Heart Many Lives is the keystone to implementing the heart health continuum. (<http://www.pharmac.govt.nz/2008/06/09/InPharmation%20June%202008.pdf/text>)