

Tēnā ra koutou, rau rangatira mā!

Tēnā koutou i ngā āhuratanga o te wā, ara, te whakamoemiti tonu ki te Atua Kaha Rawa!

Me te inoi tonu ki a ia, kia tau tonu ōna manaakitanga maha ki runga i te Kiingi, a Tūheitia, me te Whare Ariki nui tonu!

Ka hoki anō ki ngā huhua mate o te wā – tākoto mai koutou, moe mai koutou, haere, haere, haere!

Kaati! Te hunga wairua ki a rātou, tātou, te hunga ora, ki a tatou!

Kia ora anō, ngā waihotanga o rātou mā!

He timatanga hou tēnei, e pā ana ki te pepa purongo nei, kātahi anō, ka puta ki te tirohanga tangata, ara, koutou o te Roopu Public Health Association (PHA), kia whakamohio pai koutou ki ngā āhuratanga e pā ana ki a tātou, te iwi Māori. Mauriora!

KAY BERRYMAN - SENIOR MĀORI ANALYST/ADVISOR

My first PHA conference (2nd – 6th July) was Te Torino held at Tamaki Campus, Auckland. On the first day began with a powhiri at Orakei marae, hosted by local kaumātua from Ngāti Whatua. In attendance was Governor General Anand Satyanand. After the evening dinner I met with the Māori Caucus. The next three days' events were full of workshops. The official opening, with Hon. Prime Minister Helen Clark, took place July 3. Mika's rangatahi performers, transgendered speakers, Rawiri Paratene, themes of diversity, announcement of PHA champion, Minister of Health (Pete Hodgson) and other speakers at the final conference dinner, all remain memorable. Congratulations to the conference organisers particularly Kathrine Clark (CEO of Hapai te Hauora Tapui) and her dedicated hardworking team (Waitangi, Peter, Maihi and others) and Anton Blank (PHA Māori media advisor) for making it a such a great success. Kia mau te wehi!

So what do I do in my PHA role as a Māori Analyst? My direct reporting line is to the Director of PHA, Dr. Gay Keating. The role is to support Māori Caucus in policy and position statements, and to work on the current 2007/08 Māori work plan. I share this role with the Waikato District Health Board (WDHB) (0.6) with my PHA role (0.4). In the recent Tony Blakely Media Release (*Disparities and death rates no*

longer widening: 22 August 2007), the inequalities gap has been decreasing but there is much needed work to continue improving the health status of Māori. Gay and the rest of the team based in

Wellington have been awesome. As part of my work for the PHA conference I presented "Kōtahi te reo, Kōtahi te whakatipuranga, Kōtahi ko nga Kaumātua", on behalf of the WDHB. In addition, one of my tasks was to conduct a survey on behalf of Māori caucus to find out what benefits the PHA can offer Māori working in the Public Health sector. This was presented to Māori Caucus at Orakei marae this year. Results showed members joined for various reasons such as being introduced by a friend, a relative, part of their job contract and other ways. As of July, the membership stood at 56 Māori members from a total of 256 members. A new computer database system has been installed at our national office, and work is being done to capture PHA membership on a regular basis. Exciting stuff is happening in terms of re-branding the PHA logo.



Kay Berryman outside Turangawaewae marae at Koroneihana 2007.

PHA 2008 CONFERENCE-TAPU AND NOA-PHYSICAL, ENVIRONMENTAL OR BOTH

The 2008 Public Health Association conference will be hosted by the Tai Tokerau (Northland) branch at the Copthorne Hotel, Waitangi from 1-4th July 2008. The conference theme is "Tapu and Noa - physical, environmental or both". These finely balanced concepts have been used by Māori for generations as a 'health code or system' - we think that they have practical application for public health. Tapu is linked to health risks, environmental hazards and protection, and noa is equated with safety and respect.

The environment has changed and continues to change, there are new and modern risks. How can we use this code as a mechanism for protection, for sustainability, for personal and group safety? How useful are the concepts of tapu and noa in our thinking about public health today?

Another significant element of the 2008 conference is its location at Waitangi. Te Tiriti o Waitangi is the founding document of Aotearoa/New Zealand and also a living document for public health practice. Holding the 2008 conference at Waitangi challenges us all to reflect upon the importance of Te Tiriti in our mahi and, we hope, encourages us all to embrace the spirit and intention of Te Tiriti.

WELCOME TWO NEW MEMBERS

Māori Caucus welcome Peter Thomas (elected member) and Manaia Paki King (observer). They are the newest members of the Māori Caucus.

Peter and Manaia have joined the PHA as representatives to support Māori health initiatives.

"It's about time the caucus had some Māori male representation" was the call at Orakei marae when they were voted in.

2007/08 MĀORI CAUCUS WORK PLAN

This year's Māori Caucus hui was held in July at Orakei marae, Auckland, during the Te Torino Conference. The Māori Health workplan was discussed.

Four priority work focus areas came out of the conference:

1. Define Māori public health
2. Māori workforce development
3. Policy, submissions
4. Increase in Māori membership

In addition Māori Caucus will be required to provide advice on the following:

1. PHA strategic plan for next five years
2. 2005/06 work carried over includes policies and position statements. Outstanding position statements for the Caucus are:
 - **Māori Health Position Statement:** - this needs significant work in order to progress back to the wider caucus for agreement and ratification.
 - **Inequalities Position Statement:** - caucus identified some concerns with the current position statement in respect of inequalities for Māori. PHA assists in keeping the Māori public health view on the national agenda.

WHY IT IS IMPORTANT TO PART OF THE PHA MĀORI CAUCUS

Māori continue to play an integral role in all facets of Aotearoa/New Zealand society. Opportunities where Māori provide leadership remain important despite government and ministry directives. The Public Health Association provides Māori with opportunities to participate in national forums and public health developments. Inequalities and disparities in Māori health still exist and the Public Health Association assists to advocate and position views/perspectives, whereby a national Māori public health view is kept on the agenda.

Some of the Māori caucus priorities in the coming year or so will build on defining Māori public health definitions and indicators, Māori health development, and support the existing and new Māori public health workforce.

The Māori public health workforce is highly skilled, committed and motivated by Whanau Hapu and Iwi needs. The PHA is an organisation/forum where Māori can network and build or establish relationships nationally for future Māori health gain.

Māori caucus members will maintain Māori positions and Māori views on health, while working strategically with Māori to move forward.



Peter Thomas (Te Rarawa, Ngapuhi), with aunty Ake Purae at health promotion event

NGA WAHINE TOA

Māori Caucus wish to thank Marty Rogers, Michelle Mako, and Carol Wrathall for their contribution.

This marks a new era for the PHA with Marty Rogers stepping down as PHA President. At the 2007 PHA General Meeting, Executive Council and new members of Māori Caucus honoured Marty's accomplishments with great accolades all round.

Her successor is Richard Egan, who has a big challenge ahead and we look forward to working with him. Michelle Mako must not go without recognition for her efforts and contributions to Māori Caucus, Executive Council and Wellington Branch. One of her passions has been to lead out the "healthy eating programme for tamariki begins at the dinner table" with a mass media campaign designed to help parents and caregivers

improve their children's eating habits. (Nga Korero May 2007). We also thank Carol Wrathall for her contributions.



Marty Rogers - PHA President (2003 - 2007)



Michelle Mako - Maori Caucus (2006 - 2007)
Source: Nga Korero May 2007

MAPAS



Tanya Savage

The Māori and Pacific Admissions Scheme (MAPAS) is an opportunity for young Māori and Pacific people to enter the Faculty of Medical and Health Sciences and pursue a career in health. As a Certificate in Health Sciences student you will belong to the MAPAS programme and be able to access the following services:

- An accessible and positive support team (MAPAS Team)
- Freshers' Camp and marae cultural experience
- Scholarship information and support in your application and enrolment support
- Support in applications for the annual University of Auckland Access Award
- Support to access the Student Learning Centre
- Mentoring support and peer mentoring
- Additional tutorials as required
- Pre-exam study live-ins
- Summer studentship research opportunities
- Peer/whānau support through regular shared lunches
- Access to Māori and Pacific medical and research staff in the faculty.

MAPAS is a fantastic way to begin a career in the health sector, connecting you to other students, mentors and Māori health professionals.

For further information, please contact:
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TWO OUTSTANDING ACHIEVEMENTS FOR WAHINE



Dr. Papaarangi Reid. Source: Newsletter Whakapike Ake issue Dec 2006

DR. PAPĀRANGI REID

Our PHA Champion 2007 is Dr. Papārangī Reid.

Dr. Papārangī Reid of Te Rarawa descent was named the Public Health Champion of 2007. The award recognises individuals who have made an outstanding contribution to public health. It was conferred by the Public Health Association of New Zealand (PHA) at its annual conference, held in Auckland. "Papārangī is absolutely clear about the rights of Māori. It follows that those people who are given the Crown resources must ensure these resources make a difference for Māori." Visit www.pha.org.nz PHA Champion

2007 SIR PETER BLAKE EMERGING LEADER AWARDS

Shelley Campbell is the first Māori woman, along with five other recipients, to receive this prestigious award. Shelley said that her team mates put her up for the award without her knowing. Shelley is the chief executive of Waikato Primary Health (the nation's second largest primary health organisation). During her tenure she has led the implementation of the Primary Health Care Strategy in the Waikato and has built a variety of relationships and initiatives with others. A number of these initiatives have become models for the nation. These include a collaborative dental project with the Ministry of Social Development with low income clients, rural scholarships to encourage workforce retention, multiple projects to improve access to health care for high need populations, and the "Fit 4 School" project which has become the prototype for the Ministry of Health's new "Ready 4 School" project.

She sits on a wide range of health and inter-sectoral groups and her leadership is widely respected by staff, the wider community and by health professionals both in the Waikato and nationwide. As a person, Shelley's strength lies in her ability to focus and motivate others to push boundaries and find solutions. She listens carefully, plans thoroughly and acts decisively. She is a woman with charisma, known for her strong work ethic and desire to ensure that health funding is directed into services and not bureaucracy (www.sirpeterblaketrust.org/leadership/leadershipawards/awardees2007.php).



The Governor General Anand Satyanand, Shelley Campbell and Lady Pippa Blake.

PHA PROFILE - TE ARO MOXON



Te Aro Moxon.

Ko te Amorangi ki mua, ko te Hapai o ki muri,
Te Tuturutanga mahi pono o te Māori mana
motuhake Tihei Mauri Ora!
E maringi iho nei a hupe, a roimata, mo ratou ma
kua kapohia e te ringa kaha o aitua
Noreira e nga mate haere, haere, haere atu ra
koutou
Haere atu ra ki Hawaiki nui, ki Hawaiki roa, ki
Hawaiki Pamamao. Ki a koutou te Iwi e panui mai
nei. Mauri ora ki a tatou!
Na te Aroha, na te pono ka tutuki' (With love and
with faith it can be achieved).

In 2002 I applied to enter into the medical
programme based at Auckland University. I was
successful in my application, began studying in
2003 and am currently in my fifth year of training.
Medicine appealed to me for a number of
reasons, but mainly because it was a challenge
and because I had heard from others involved in
the health workforce that there was a great need
for more Māori health practitioners.

Since becoming involved in medicine, I have
further recognised the need for more Māori to
become involved in the health service. A call
for more Māori to join the health workforce,
begs the question of "Why?" and personally,
the answer has become evident: "Who better
to provide healthcare to our whanau than
ourselves?" More Māori in the health workforce
means that Māori are not only involved in
the delivery of healthcare, but are also better
involved in the decision making that surrounds
the way in which healthcare should be delivered.
By becoming involved in the health workforce we
are aiding our people in their journey towards
the achievement of 'Hauoranga' in all of its
facets. It's about challenging the inequalities
which exist in the health system by getting
involved and exercising our Tino rangatiratanga.

I challenge all of our Rangatahi to consider
a future in the health workforce and to help
lead the journey towards the achievement of
'Hauoranga' within Aotearoa.

'Mo tātou a, mo nga uri e whai ake'

PHA PROFILE - DENISE EWE

Ko Taupiri te maunga
Ko Waikato te awa
Ko Waikato te iwi
Ko Tainui te waka
Ko Ngāti Tipa te hapū
Ko Te Kotahitanga ko Nga Tai e Rua ōku marae
Ko Denise Ewe toku ingoa
My mahi at Hapai is the Health Promoting
Schools (HPS) Regional Māori Strategic Planner
- role is to 'Strengthen the Māori dimension in
HPS'. My position is quite fluid with myself and
Te Whanaupani Thompson - HPS Regional
Kaumātua working at local, regional and national
levels.

My other passions are Te Roopu Wahine
Māori Toko i te Ora Tatau Tatau - Māori Womens
Welfare League and I am currently the Tamaki
Makaurau regional President, Rangatahi
Representative for Te Kotahitanga Marae and
Health Standing Committee on the Tainui -
Waikato Kauhanganui. These roles complement
my mahi, whanau, hapū and iwi.



Tanya Savage and Denise Ewe.

2007/08

MĀORI WHO ARE ON PHA COUNCIL

- Kathrine Clarke (Auckland)
- Lisa McNab (Te Tai Tokerau)
- John Waldon (Central Districts)
- Gabrielle Baker (Wellington)
- Peter Thomas (Auckland)
- Manaia King (Auckland)
- Melanie Dalziel (Te Tai Tokerau)

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